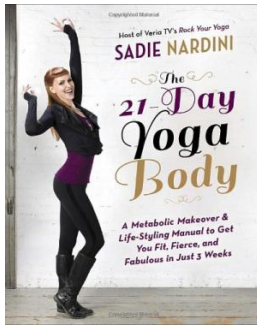


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# THE 21-DAY YOGA BODY: A METABOLIC MAKEOVER AND LIFE-STYLING MANUAL TO GET YOU FIERCE, FIT AND FABULOUS IN JUST 3 WEEKS



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- Authored by Sadie Nardini
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