



The Whiz Kid s Perfect Health Guide

By Danny Singh

America Star Books, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Profits support the Horizons for Homeless Children in Boston The lessons contained within are meant to help consumers live the healthiest lifestyles by teaching them the significance of avoiding drugs, cutting down on fried foods, resolving conflicts in a peaceful manner, and learning how to treat diseases with tips presented on how to avoid contracting them. Danny Singh has been doing seminars to educate students on the dangers of student loans, now he is focusing his attention on another issue. The Centers for Disease Control and Prevention has reported that heart disease and cancer are the 2 highest-leading causes of death in America. In response to this epidemic, Danny advocates consumers avoiding dangerous substances, drugs, and breaking the addiction for the purpose of living the longest lives possible without worry. Without needing expensive rehabilitation centers or fake drug treatment medicines advertised on the media, Danny will discuss strategies on how to resist taking drugs and focus more on consuming foods filled with vitamins, proteins, carbohydrates, and other nutrients as recommended by the Food Guide Pyramid that...



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Reviews

Extensive guide! Its such a excellent read. This can be for anyone who statte that there was not a worth looking at. I am just effortlessly will get a satisfaction of looking at a written publication.

-- Melvin Hettinger

This book will not be effortless to start on reading through but very exciting to learn. It is amongst the most remarkable book i have got go through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Easton Collier DVM