



Best Wok Dishes Cookbook: 25 Simple and Satisfying Recipes (Paperback)

By Nik Holt

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In this book, we present a quick overview of the best and most popular wok dishes, homemade versions or more elaborated recipes done by chefs. When you hear about high heat, loud sizzles, constant rocking motion and fast-paced, we re talking about cooking in a wok. Watching how meat, vegetables and aromatics go from raw to crispy in a few minutes makes this kind of stir-frying a wicked way to cook. Usually cooking in a wok reduces ingredients to a floppy and goopy mess, because we tend to treat woks like skillets, but they re not! These are some of the important tips you should know before starting to cook in a wok. Below, we are going to present you a set of 25 recipes that were cooked in the ok. The main ingredients used are: chicken, beef, seafood, tofu, mushrooms, pasta.



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