



Mantenga el equilibrio en su estilo de vida (24GS): Un libro para adultos con DIABETES (Spanish Edition)

By Maria Alogna Ludi

Pritchett & Hull Associates, Incorporated. Paperback. Condition: New. 92 pages. Dimensions: 11.0in. x 8.5in. x 0.2in. Written by Maria Ludi, RN Managing diabetes is a juggling act - and juggling diet, exercise and medicine sounds, well. . . manageable, but toss in hypo- and hyperglycemia, self-monitoring of blood glucose, insulin and oral agents, exercise precautions, meal planning and exchanges, weight control. . . Whew. . . it adds up fast. And out in real-life, what your patients learn about managing diabetes may feel sleight-of-hand. How can you make sure your patients are ready for real-time Send them home with Balance Your Act - the step-by-step guide for adults to learn to manage their type 1, type 2 and gestational diabetes. This 96-page book reminds patients how to place each part of their diabetes management plan into motion, building the foundation for a better, healthier and longer life. Balance Your Act is simply the closest thing to sending a great diabetes educator (like you) home with your patients! Margaret Fannon, RSM, RN, BSN, CDE Emory St. Josephs Hospital Atlanta GA Testimonials: I thought Balance Your Act was outstanding! I cannot think of a single aspect of diabetes care that was not...



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Reviews

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-- Arianna Witting

An exceptional book as well as the font used was exciting to read. It is actually rally intriguing through reading time. You will not sense monotony at anytime of the time (that's what catalogues are for about when you ask me).
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