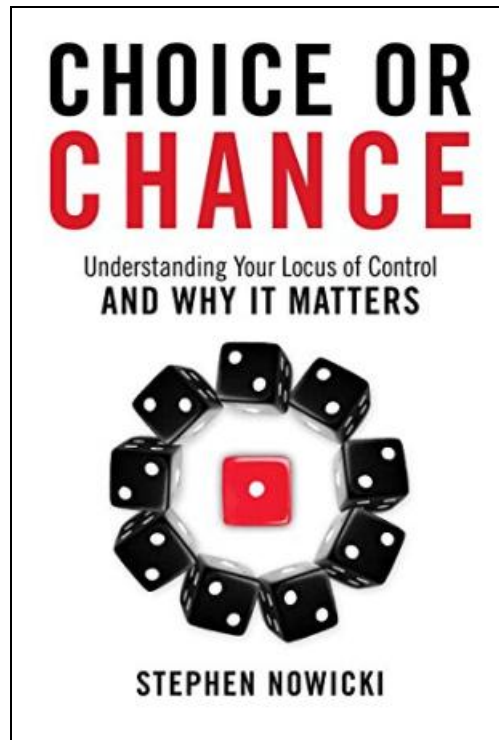


Choice or Chance: Understanding Your Locus of Control and Why It Matters



Filesize: 6.91 MB

Reviews

This publication is fantastic. It is one of the most amazing publication i have got study. I am just pleased to explain how this is actually the best pdf i have got read through in my individual lifestyle and could be he finest publication for possibly.
(Mr. Kristoffer Hills)

CHOICE OR CHANCE: UNDERSTANDING YOUR LOCUS OF CONTROL AND WHY IT MATTERS



Prometheus Books, United States, 2016. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. How Much Do You Believe That What Happens to You Is the Result of Your Own Actions or Do Circumstances Beyond Your Control Largely Determine Your Fate? Locus of Control (LOC) is a phrase used by psychologists to describe a widely effective way of assessing an individual's potential for success personal, social, and financial. LOC measures how much you believe what happens to you is the result of your own actions or, conversely, of forces and circumstances beyond your control. People who accept that they are largely in control of their lives tend to do better than those who feel that fate or external factors rule what they do, especially in novel and difficult situations. This book explains LOC research, until now mainly confined to academic circles, in terms easily understandable to the average person. The author, a clinical psychologist who has spent nearly five decades investigating and writing about LOC, helps the reader to explore his or her own locus of control and what those orientations might mean for how life is lived. He discusses the extensively documented relationship between LOC and academic achievement, personal and social adjustment, health, and financial success. Dr. Nowicki notes that there has been an increasing tendency among Americans to feel as though their lives are slipping out of their control, and he identifies ways to reverse this negative trend. He describes how the Locus of Control is learned and demonstrates ways in which it can be changed to yield higher levels of achievement, success, personal satisfaction, and better interactions with others.



[Read Choice or Chance: Understanding Your Locus of Control and Why It Matters Online](#)



[Download PDF Choice or Chance: Understanding Your Locus of Control and Why It Matters](#)

Related Books



Children s Rights (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author...

[Save](#) [ePub](#)

»



From Kristallnacht to Israel: A Holocaust Survivor s Journey

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In the 1930s, as evil begins to envelope Europe, Karl Rothstein...

[Save](#) [ePub](#)

»



Chicken Licken - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. In this classic fairy tale, a nut falls on Chicken Licken s head and he...

[Save](#) [ePub](#)

»



The Three Little Pigs - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 222 x 150 mm. Language: English . Brand New Book. In this classic fairy tale, the three little pigs leave home and build their own...

[Save](#) [ePub](#)

»



Three Simple Rules for Christian Living: Study Book

Abingdon Press, United States, 2009. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book. Three Simple Rules for Christian Living by Jeanne Torrence Finley and Rueben P. Job This small-group...

[Save](#) [ePub](#)

»