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Balti Cooking

By Shehzad Husain

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Balti Cooking, Shehzad Husain, This title covers fantastic dishes cooked in the spicy Balti style, shown in over 300 step-by-step photographs. It offers 50 delicious and speedy recipes for the very best in exciting and authentic balti cuisine. It includes recipes for favourite traditional fish, meat and poultry dishes cooked the balti way plus ideas and flavour combinations for an authentic taste of India. It features accompaniments, such as delicious Indian breads, rice and side dishes. It provides information on cooking methods, equipment and ingredients. This easy to use cookbook is the perfect introduction to cooking Indian food in the balti way. The recipes range from the classics, such as Balti Chicken, and Balti Lamb Tikka to other favourite Indian dishes adapted to this technique. There are ideas for combinations of ingredients, such as Balti Prawns in Hot Sauce, Balti Minced Lamb Koftas with Vegetables, and Balti Stuffed Vegetables. In addition, there are recipes for appetizers and accompaniments to ensure that the home cook can prepare and serve complete meals and varied menus. Illustrated in step-by-step detail, the book includes professional hints and tips throughout, making this book an essential for anyone...



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