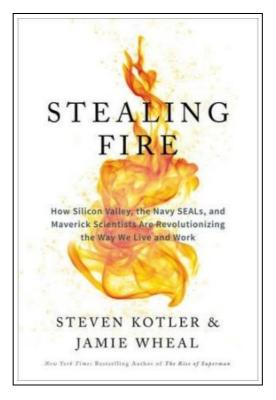
Stealing Fire: How Silicon Valley, the Navy SEALs, and Maverick Scientists Are Revolutionizing the Way We Live and Work (Hardback)



Filesize: 6.52 MB

Reviews

Basically no phrases to explain. It really is filled with knowledge and wisdom You are going to like how the author create this book. (Gerald Conn)

STEALING FIRE: HOW SILICON VALLEY, THE NAVY SEALS, AND MAVERICK SCIENTISTS ARE REVOLUTIONIZING THE WAY WE LIVE AND WORK (HARDBACK)



HarperCollins Publishers Inc, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. NATIONAL BESTSELLER CNBC and Strategy + Business Best Business Book of 2017 Steven and Jamie have done a wonderful job of balancing the promises, perils, and how-to prescriptions of engineering peak states such as flow. -Tim Ferriss, #1 New York Times best-selling author of The 4-Hour Workweek It s the biggest revolution you ve never heard of, and it s hiding in plain sight. Over the past decade, Silicon Valley executives like Eric Schmidt and Elon Musk, Special Operators like the Navy SEALs and the Green Berets, and maverick scientists like Sasha Shulgin and Amy Cuddy have turned everything we thought we knew about high performance upside down. Instead of grit, better habits, or 10,000 hours, these trailblazers have found a surprising short cut. They re harnessing rare and controversial states of consciousness to solve critical challenges and outperform the competition. New York Times bestselling author Steven Kotler and high performance expert Jamie Wheal spent four years investigating the leading edges of this revolution-from the home of SEAL Team Six to the Googleplex, the Burning Man festival, Richard Branson's Necker Island, Red Bull's training center, Nike's innovation team, and the United Nations Headquarters. And what they learned was stunning: In their own ways, with differing languages, techniques, and applications, every one of these groups has been quietly seeking the same thing: the boost in information and inspiration that altered states provide. Today, this revolution is spreading to the mainstream, fueling a trillion dollar underground economy and forcing us to rethink how we can all lead richer, more productive, more satisfying lives. Driven by four accelerating forces-psychology, neurobiology, technology and pharmacology-we are gaining access to and insights about some of the most contested...

Read Stealing Fire: How Silicon Valley, the Navy SEALs, and Maverick Scientists Are Revolutionizing the Way We Live and Work (Hardback) Online

Download PDF Stealing Fire: How Silicon Valley, the Navy SEALs, and Maverick Scientists Are Revolutionizing the Way We Live and Work (Hardback)

Other Books



Anything You Want: 40 Lessons for a New Kind of Entrepreneur

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Anything You Want: 40 Lessons for a New Kind of Entrepreneur, Derek Sivers, Anything You Want is Derek Sivers' iconic manifesto on lessons learned while becoming...

Save Book

>>



Unbored Adventure: 70 Seriously Fun Activities for Kids and Their Families

Bloomsbury Publishing Plc. Paperback. Book Condition: new. BRAND NEW, Unbored Adventure: 70 Seriously Fun Activities for Kids and Their Families, Joshua Glenn, Elizabeth Foy Larsen, Tony Leone, Mister Reusch, Heather Kasunick, UNBORED Adventure has all...

Save Book

>>



My Windows 8.1 Computer for Seniors (2nd Revised edition)

Pearson Education (US). Paperback. Book Condition: new. BRAND NEW, My Windows 8.1 Computer for Seniors (2nd Revised edition), Michael Miller, Easy, clear, readable, and focused on what you want to do Step-by-step instructions for the...

Save Book

»



America s Longest War: The United States and Vietnam, 1950-1975

 $McGraw-Hill\ Education\ -\ Europe,\ United\ States,\ 2013.\ Paperback.\ Book\ Condition:\ New.\ 5th.\ 206\ x\ 137\ mm.\ Language:\ English\ .\ Brand\ New\ Book.\ Respected\ for\ its\ thorough\ research,\ comprehensive\ coverage,\ and\ clear,\ readable\ style,\ America\ s...$

Save Book

**



Baby Whale s Long Swim: Level 1

Sterling Publishing Co Inc, United States, 2012. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book. When spring comes, a baby calf gray whale and his mother head north to...

Save Book

»



Children's Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. The Children's Handwriting Book of Alphabets and Numbers provides extensive focus on

Save PDF

>>



Stories of Addy and Anna: Japanese-English Edition

Mohd Shahran Bin Daud, United States, 2015. Paperback. Book Condition: New. Siti Haziqah Samsul (illustrator). 244 x 170 mm. Language: Japanese . Brand New Book ***** Print on Demand *****. This book is bilingual (Japanese-English) edition.

Save PDF

*



Rumpy Dumb Bunny: An Early Reader Children s Book

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand ******.Rumpy is a dumb bunny. He eats poison ivy for breakfast and annoys

Save PDF

.



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their

Save PDF

.



31 Moralistic Motivational Bedtime Short Stories for Kids: 1 Story Daily on Bedtime for 30 Days Which Are Full of Morals, Motivations

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Reading to children is a wonderful activity and past time that both parents

Save PDF

»