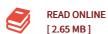




## Voluntary Madness: My Year Lost and Found in the Loony Bin

By Norah Vincent

Vintage Publishing. Paperback. Book Condition: new. BRAND NEW, Voluntary Madness: My Year Lost and Found in the Loony Bin, Norah Vincent, In Norah Vincent's acclaimed first book she described how she spent eighteen months disguised as a man, an experience that ended on a locked ward in a psychiatric hospital. She left determined to learn more about the world of psychiatry and to examine whether different mental institutions would offer different solutions to their patients, but rather than researching it as a journalist she chose to experience it as a patient. Her journey begins in a huge inner-city hospital, before moving to the calming green carpet of St Lukes where patients are offered a room of their own and a regular jog in the park. From there she moves to Mobius, and a Buddhist-inspired brand of healing where she is forced to swim through West Coast psychobabble to some unexpected conclusions. The result is a fearless and unprecedented view of mental health care - from the inside out.



## Reviews

It is an awesome publication which i actually have ever read through. it had been writtern really properly and valuable. I found out this book from my i and dad recommended this pdf to discover.

-- Doyle Schmeler

This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Brennan Koelpin