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EYES WIDE OPEN HEALING GROUP: LEADER GUIDE (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Emotional eating. It s a rising epidemic. Millions of women find themselves stuck in a cycle of negative thinking and destructive behaviors when it comes to food and body-image. Eyes Wide Open Healing is designed to help women break the chains of food and body-image and discover their true identity. This 10-week Healing Group program coincides with Kimberly Davidson s book...

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- Authored by Living in Truth Ministries
- Released at 2017



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