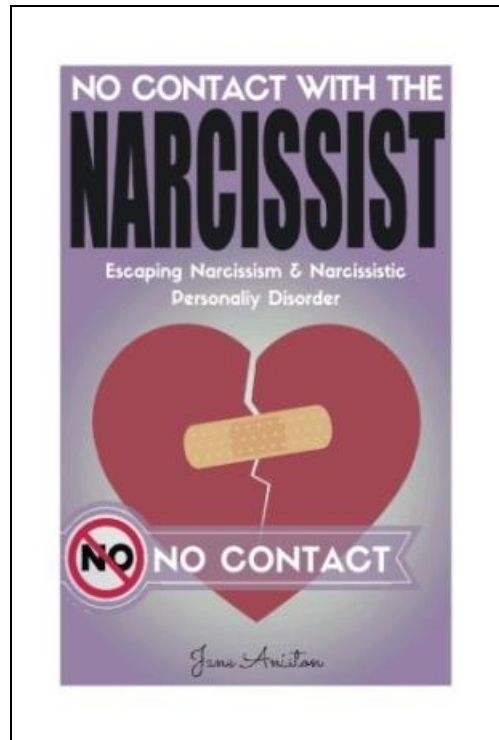


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Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do You Want To Learn How To Break All Contact With A Narcissist Why You MUST Do This? - NOW INCLUDES BONUS FREE BOOKS! Is there a narcissist in your life that you re finding difficult to deal with? Perhaps a controlling partner or an overbearing college at work? Egotistical friends who somehow seem to have a way of elevating themselves while bringing you down every time you see them? A family member who constantly oversteps the mark with their arrogance and manipulating ways? A neighbor who seems intent on making your life miserable? Whatever the case, after reading this book you will have a complete understanding of these individuals, as well as how and why you must break all contact with the narcissist who s ruining your life! Narcissists can make our lives a living hell, but by understanding them and then following a few simple guidelines we can take back control and empower ourselves when dealing with these individuals. Whether the narcissist in your life is arrogant, overly critical, haughty, bullying, bossy, negative, show offs, passive aggressive or simply downright egotistical, this book has the answers you re looking for! In this book, we ll look at exactly how and why you must break all contact with the narcissist in your life. We ll cover topics such as: Why no contact is the best defense Defining exactly what no contact means How you can enforce no contact with the narcissist in your life How to enforce no contact when you have children with the narcissist in your life How the narcissist will try to draw you back in.and how you can resist! How and why to resist...



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