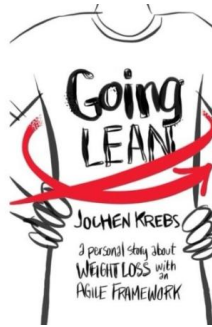


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GOING LEAN: A PERSONAL STORY ABOUT WEIGHT LOSS WITH AN AGILE FRAMEWORK



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