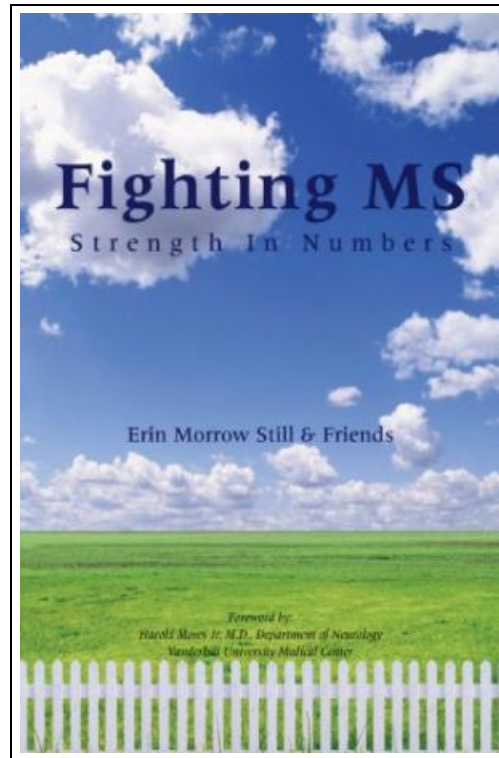


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FIGHTING MS: STRENGTH IN NUMBERS (PAPERBACK)

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iUniverse, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In the spring 1999, at eighteen years old, I was diagnosed with Multiple Sclerosis. The idea of a newly diagnosed book that focused on wellness began once I finally got my MS under control. It took four long years of understanding what my body needed to be healthy, while experiencing life as a college student at Appalachian State University. I found myself searching for a wellness summary of multiple sclerosis. Why couldn't I find everything I needed in one place? This idea seemed like something most newly diagnosed individuals would have already asked for, but it was nowhere to be found. I didn't want too much information at once, only what I needed to start out healthy and stay positive. In addition to needing a wellness summary, I sought to find other young people who were just beginning life with multiple sclerosis. I needed to know people who were positive and could laugh this off with me. In 2003, I established my role as an MS patients advocate by founding-with the help of the MS Society-a young men's and women's group in middle Tennessee. Then in 2005, I was awarded the Betaseron Champion of Courage grant to write the book we have all been waiting for--a wellness guide to MS for the newly diagnosed. Lance Armstrong says it best when he explains why children cope with cancer so much better than adults. He says, It's a fact that children with cancer have higher cure rates than adults with cancer, and I wonder if the reason is their natural, unthinking bravery. Sometimes little kids seem better equipped to deal with cancer than adults. They're very determined little characters,...



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