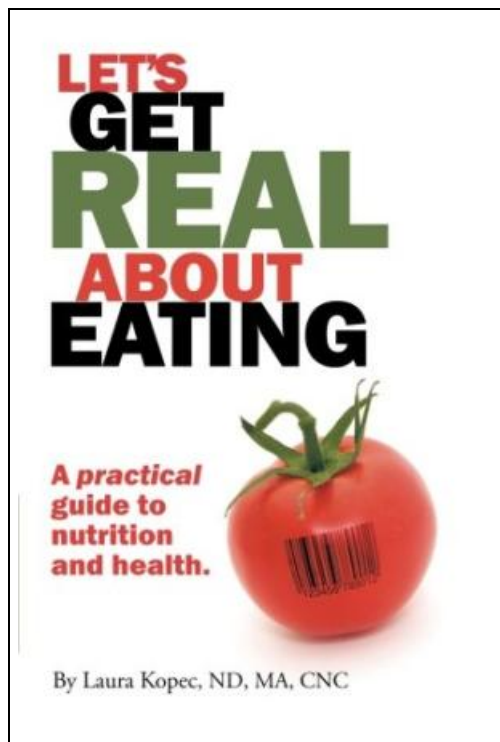


## Let s Get Real about Eating: A Practical Guide to Nutrition and Health.



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