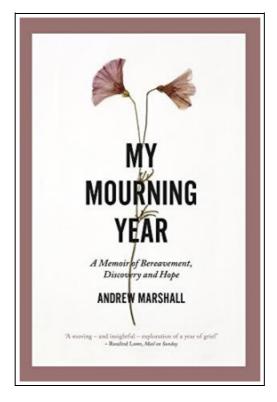
My Mourning Year: A Memoir of Bereavement, Discovery and Hope (Paperback)



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Reviews

An exceptional ebook and also the typeface applied was intriguing to read through. I have got read and i also am sure that i am going to likely to go through yet again once more in the foreseeable future. I discovered this pdf from my dad and i advised this ebook to find out. (Dr. Raven Ledner)

MY MOURNING YEAR: A MEMOIR OF BEREAVEMENT, DISCOVERY AND HOPE (PAPERBACK)



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RedDoor Publishing Ltd, United Kingdom, 2017. Paperback. Condition: New. Language: English. Brand New Book. In 1997 Andrew Marshall s partner, and the only person to whom he had ever truly opened his heart, died after a gruelling and debilitating illness. Unmoored from his old life, and feeling let down by his family, Marshall struggled not only to make sense of his loss but to even imagine what a future without Thom might look like. In his diary, he wrote about what set him back - like a rebound relationship - some weird and wonderful encounters with psychics and gurus and how his job as a journalist gave him the chance to talk about death with a range of famous people, a forensic anthologist and a holocaust survivor. Slowly but surely with the help of friends, a badly behaved dog and a renewed relationship with his parents, he began to piece his life back together. Although his diary was never meant for publication, Marshall did share it with friends and colleagues dealing with bereavement, who found it immensely helpful, so to mark the twentieth anniversary of Thom s death, he has decided to open it for everybody to read. My Mourning Year is a frank and unflinching account of one man s life for a year after the death of his lover. In turn heartbreaking, frustrating and even sweetly funny, this is no step-by-step guide to dealing with bereavement but a shoulder to lean on when facing the unknowns of death and a resource for those left behind.



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