



Freezer Meals - 50make Ahead Soup Stew Recipes for Quick Easy Meals (Paperback)

By Kristina Newman

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. DISCOVER 50 AMAZINGLY QUICK EASY SOUP FREEZER RECIPES! If you want to prepare delicious, easy freezer meals, this recipe book is for you. Throughout this book, you will be able to look through and prepare 50 different Soup Stew freezer meals. You will notice that some of your favorite soup recipes are included in this easy to follow book, and you will also be introduced to some new, creative freezer meals as well. The benefit of freezer meals is that you can pop them in the microwave or defrost them virtually at any point of the day, and they will remain as fresh as the first day you prepared them! Whether you are looking to prepare a protein-rich lunch for yourself or a wholesome, delicious dinner for your family and loved ones, this book will provide everything you need to ensure that your soup freezer meals are a complete success! To Get Started, Scroll Up And Grab Your Copy!.

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