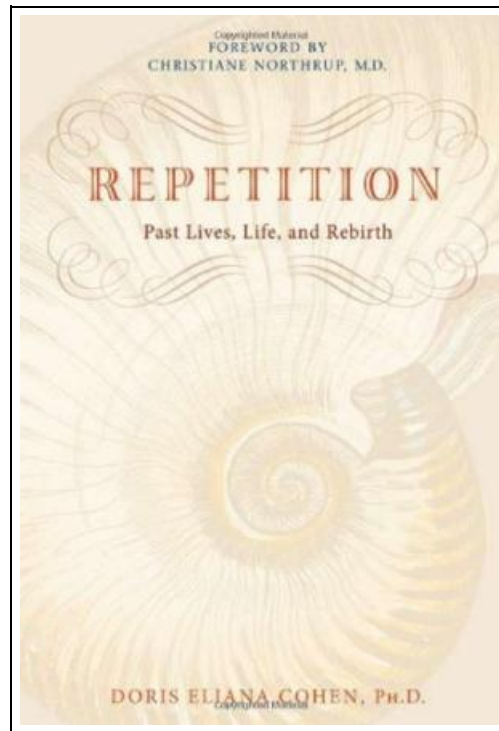


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It in a of the best book. Indeed, it really is play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.
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Hay House Inc, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book. This fascinating book by Doris Eliana Cohen was written to help us create a shift in our own consciousness as well as that of humanity. In order to heal from traumas, we unknowingly repeat the stories of our lives again and again, reliving them in different scenarios in this life as well as in other lifetimes. This repetition of our behaviour patterns is neither neurotic nor pathological. It is absolutely necessary, because painful though it may be, repetition offers us multiple opportunities for facing our issues, making new choices, and healing ourselves at last. All of us have a God-given gift of free choice, although we may be unaware of it at times. Only when we acknowledge and take full responsibility for the choices we ve made in our current and past lives can we begin to change our stories and end the suffering we ve been causing ourselves. This material is based on Doris s 30 years of clinical experience with clients, using a wide variety of holistic techniques, combines with past-life-regression therapy. As a psychic, Doris is guided and inspired by her communication with Guides and Angels of the Light, who have accompanied her for many years. Within these pages, Doris presents the 7 Steps of Rebirth, which provide a profound yet swift and simple route to changing our lives and healing ourselves. Her 4 Steps of Joy offer a powerful tool for assessing the Light quickly and easily. Remembering the events of our past lives provides a rich and fascinating tapestry of our journey, resulting in the humbling and uplifting realization that our souls are on a grand adventure. In owning our stories, we move from seeing ourselves as victims of life...



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