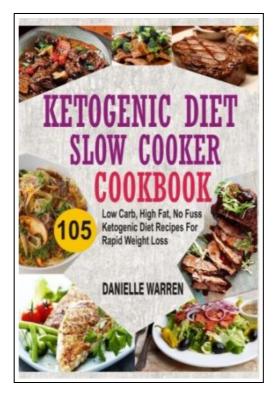
# Ketogenic Diet Slow Cooker Cookbook: 105 Low Carb, High Fat, No Fuss Ketogenic Diet Recipes for Rapid Weight Loss (Paperback)



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# KETOGENIC DIET SLOW COOKER COOKBOOK: 105 LOW CARB, HIGH FAT, NO FUSS KETOGENIC DIET RECIPES FOR RAPID WEIGHT LOSS (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. The Ketogenic Diet Slow Cooker Cookbook is for you if you are on the low carb diet and want to spend very little time in the kitchen. It is a great collection of 105 recipes that have about 10g or lower carbohydrates per serving. It gives you everything from Breakfast, Soups to Poultry, Beef and more. Be inspired with these creative, delicious and time saving recipes that will help you to make the most of your slow cooker and overcome the challenge of sticking to your diet. With the 105 recipes this collection, you can enjoy a variety of sumptuous comfort food from your slow cooker. The slow cooker is the ultimate convenience in cooking simmering low carb meals to perfection without spending time fussing over the pot. These recipes give you something new to cook each day for several months. Now you can eliminate potatoes, bread, rice and noodles from your diet and still have delicious food on your table every day. These meals are so delicious, even non-dieters in your home will not notice the difference. To make things easier for you, the recipes in the Ketogenic Diet Slow Cooker Cookbook have been arranged in convenient categories. You can simply look through the table of content, go to the category you want and choose the recipe that appeals to you at the moment. Furthermore, the nutritional information of every recipe is clearly written so you can know how many grams of carbs are in each serving.

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