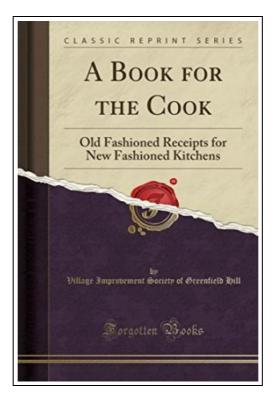
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Forgotten Books, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from A Book for the Cook: Old Fashioned Receipts for New Fashioned Kitchens French bouillon. - 5 pounds shin of beef, 14 pound calves liver. After washing, put in covered pot of cold water, let warm slowly, skim before boil carrot, 1 turnip, 1 parsnip, peeled and cut in four pieces; 1 spray parsley, 2 beets cut in half, 2 whole peppers, 2 whole cloves, 1 small bay leaf, 1 teaspoon salt, 14 nutmeg grated, cover and boil slowly 4 hours, put in bowl, use next day after taking off fat. mrs. H. H. Duryec. French boullon - Put 5 pounds of beef in cold water, cover, simmer until scum is taken off, then let boil slowly, add 2 carrots cut in half, 1 white turnip, 1 parsnip, 2 leeks, 1 celery root, a little parsley, 1 bay leaf, 2 cloves, 2 whole peppers, 1 garlick; boil slowly five or six hours. Very nourishing. Calve s head sour - TO the head and feet add at least 10 quarts of water, when boiled sufficient tly to enable you to remove the meat from the bones, take them out of the water and select the best pieces for the stew, return all into the pot and let the soup boil well. Take out all the bones about 2 hours before it is to be served and add the following seasoning: A tablespoonful of ground cloves, 1 of alspice, 1-2 of mace, 1-2 of a nutmeg, 1-4 teaspoonful of cayenne pepper, black pepper and salt to the taste. 2 white onions and 3 tablespoonsful of thyme, savory and sweet maj oram, mixed well and passed through a sieve; have ready force meat balls, which...

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