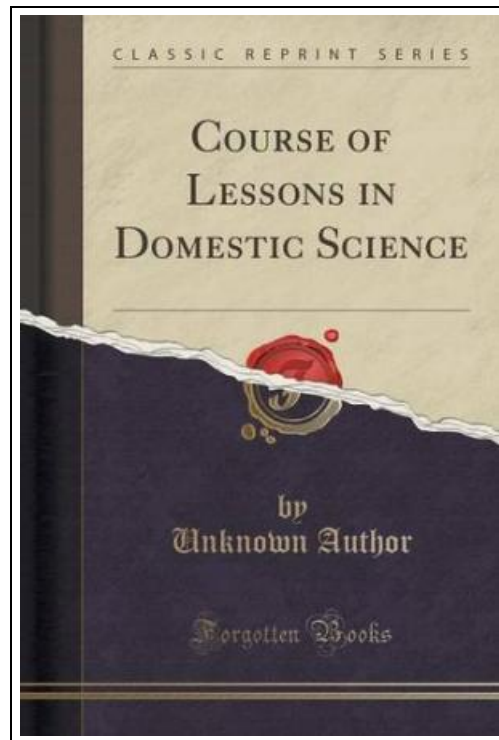


Course of Lessons in Domestic Science (Classic Reprint)



Filesize: 2.58 MB

Reviews

A must buy book if you need to adding benefit. It is actually rally fascinating throgh studying time. Your way of life span will likely be transform as soon as you complete looking over this publication.

(Ms. Bernice Rolfson)

COURSE OF LESSONS IN DOMESTIC SCIENCE (CLASSIC REPRINT)

[DOWNLOAD](#)

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Course of Lessons in Domestic Science Food is that which, when taken into the body, builds and repairs the tissues and furnishes heat and energy to the body. The chemical substances of which the body is composed are very similar to the composition of the foods which nourish it. From fifteen to twenty elements are found in food and in the body, the most important of which are carbon, hydrogen, oxygen, nitrogen, calcium, phosphorus, and sulphur. Food is classified according to its chemical composition into the following groups: Proteins, carbohydrates, fats and oils, and mineral matter. Food principle is the term applied to these classes into which foodstuffs are divided. Proteins Protein is that food principle that contains carbon, hydrogen, oxygen, and nitrogen. It is derived from animal and vegetable sources, builds tissue and repairs waste, and yields a certain amount of heat and energy. Found in meat, fish, eggs, milk, peas, beans, and grains. Carbohydrates Carbohydrate is that food principle that contains carbon, hydrogen, and oxygen. It is derived from vegetable sources and yields heat and energy. Fats and Oils Fats and oils contain the same elements as carbohydrates but in different proportions. They also furnish heat and energy and constitute the fatty tissues of the body. They are derived from animal and vegetable sources. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as...

[Read Course of Lessons in Domestic Science \(Classic Reprint\) Online](#)[Download PDF Course of Lessons in Domestic Science \(Classic Reprint\)](#)

You May Also Like



History of the Town of Sutton Massachusetts from 1704 to 1876

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This version of the History of the Town of Sutton Massachusetts...

[Read Book](#)

»



The Voyagers Series - Europe: A New Multi-Media Adventure Book 1

Strength Through Communications, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Voyagers Series is a new multi-media, multi-disciplinary approach to teaching...

[Read Book](#)

»



To Thine Own Self

Dog Ear Publishing, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Carefree and self assured Carolyn loves her life. Her uncle runs...

[Read Book](#)

»



The Sunday Kindergarten Game Gift and Story: A Manual for Use in the Sunday, Schools and in the Home (Classic Reprint)

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from The Sunday Kindergarten Game Gift and Story: A Manual for...

[Read Book](#)

»



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and...

[Read Book](#)

»