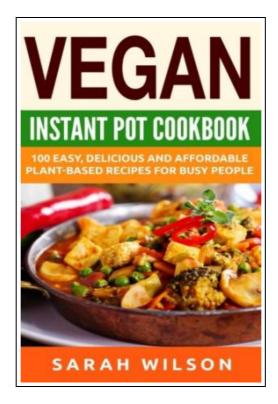
# Vegan Instant Pot Cookbook: 150 Healthy, Delicious, Easy to Make Vegan Recipes for Busy People (Paperback)



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# Reviews

I actually started out reading this article publication. It is loaded with knowledge and wisdom Your way of life span is going to be transform as soon as you total reading this article pdf.

(Mrs. Felicia Windler)

# VEGAN INSTANT POT COOKBOOK: 150 HEALTHY, DELICIOUS, EASY TO MAKE VEGAN RECIPES FOR BUSY PEOPLE (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. This cookbook was created for Vegans or those looking to live a healthier plant based lifestyle. No matter what your thoughts are on Veganism if you are looking to spend less time in the kitchen but still enjoy your food, pick up a copy of Vegan Instant Pot Cookbook: 150 Healthy, Delicious, Easy to Make Vegan Recipes for Busy People. Inside you will find 150 Vegan-friendly recipes for the average person. I really want to make it easier for those that have made this incredible goal to stand up for animals and the planet and enjoy what the earth offers to us. The foods I have included are not processed and as organic as possible. In this book, I have included: - Several recipes that take less than 15 minutes to make - Items that can be thrown into a crockpot before work and forgotten about - freezer meals that will feed you for days - breakfast, lunch, dinner, snack, appetizer and dessert options. - much, much more. I encourage you to take a look and get started on your journey to a healthier lifestyle for you and your family!.



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