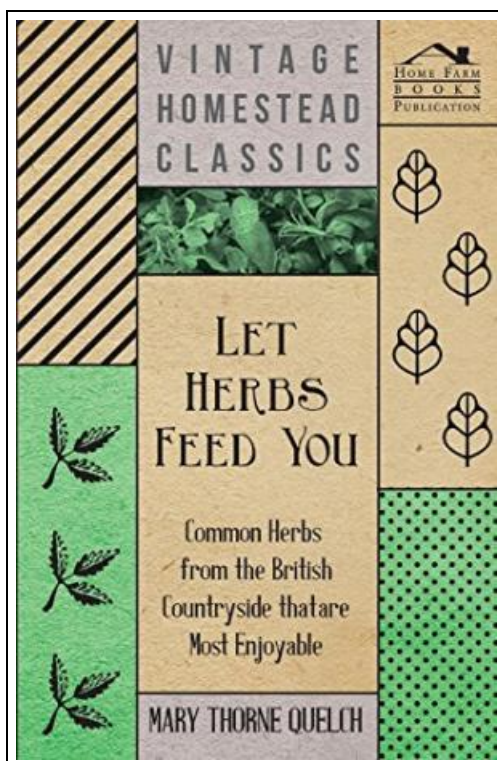


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

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Read Books, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This volume contains a guide to common herbs in the British countryside that can all be picked and enjoyed. This lovely little text provides information on where to find herbs, what they can be used for, and how best to prepare them. Written in clear, concise language, this book will be of considerable value to those with an interest in picking herbs but who have little previous experience. It would make for a great addition to collections of culinary literature. The chapters of this book include: Let Herbs Feed You , Foods Our Ancestors Enjoyed , Barberry , Bistort , Borage , Burdock , Chestnut , Chicory , Chamomile Broth , Clover , Comfrey , Cottage Soup , Couch Grass , Dandelion , Elder , Fennel , Grasses , Herb Pancakes , Herb Pudding , etcetera. We are proud to republish this vintage book, now complete with a new and specially commissioned introduction.

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