



## Before You Get Sick (Paperback)

By Lori-Ann Rickard

Lori-Ann Rickard Enterprises, Inc., United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Healthcare expert Lori-Ann Rickard reveals the easy and practical answers that only an insider knows. Spin Your Healthcare Your Way and know what to do Before You Get Sick with her guide. Easy Healthcare: Before You Get Sick gives you the secrets no outsider would guess such as: Your primary care doctor is your best first choice (and why) The best and cheapest way to get better fast Why you should avoid urgent care When not to call an ambulance (and when you should) The difference between observation and admitted at the hospital (and what it can mean for your wallet) When to go to the ER and when not to (and why) This guide shows you how to get the best cost-effective care Before You Get Sick. Lori-Ann Rickard gives you The Bottom Line. With over 30 years of experience in the healthcare industry, HealthSpin founder Lori-Ann Rickard puts you in charge so you can Spin Your Healthcare Your Way!.



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