



## Equine Muscle Magic: A Simple, Easy-to-Use Guide for Massaging Your Horse. (Paperback)

By Jackie Nairn

Trafford Publishing, Canada, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Equine Muscle Magic was designed for every horse owner in a user friendly, step-by-step fashion so that you can make profound changes in your horse s health and performance through massage. At the same time, you will build a multi-level connection in your human/horse relationship, deeper than can be imagined. Learn how to clear your mind, perform stretches for horse and rider success, and master the mechanics of a successful equine massage. A 10-minute massage will get you started. Then understand the importance of building a Body Map, and finally be able to perform a one-hour, full-body massage for your specific equine discipline.

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