



## Grand Master (Paperback)

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By Alex Dong

Pinnacle Productions, Inc., 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The story of Dong Ying Jie, Tai Chi champion of China. First time in English. More than 250-million people worldwide practice Tai Chi Chuan, an ancient art of physical, mental and spiritual culture. Developed in China for self-defense, health and meditation, it was passed down in secret for many centuries. In the 1900s, the Yang family of Tai Chi masters began spreading the art more publicly, in order to strengthen the nation of modern China. Yang Chen Fu, master of the Yang family style, took on as his senior student a young prodigy named Dong Ying Jie. When Yang died, Dong Ying Jie became Grand Master of a new lineage, linked to the old, which continues to spread all over the world. Alex Dong, his great-grandson and fourth generation master, compiled and translated this work from original sources and continues to teach this immortal art. David Saltman, biographer of Gilda Radner, producer of CNN s Pinnacle biographies, and himself a highly experienced Tai Chi teacher, has edited and augmented the original material.



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### Reviews

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