

## A Mile Wide and an Inch Deep: America s Shallow Approach to Adolescence (Paperback)



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### **Reviews**

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*(Janie Wilkinson)*

## A MILE WIDE AND AN INCH DEEP: AMERICA S SHALLOW APPROACH TO ADOLESCENCE (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A Mile Wide and an Inch Deep is the first metaphor used in this different way of looking at adolescence in America. While many are caught up in recent literature about teen brain function and cognitive development, sometimes people just need a bigger perspective to understand the smaller behaviors. This is the goal of A Mile Wide. Adolescence is the second greatest growth phase we ever go through, second only to birth-to-two years old. Over just a couple of years, kids radically change body shapes and sizes, their perception of the world and their role in it, they begin breaking away from the family, they create a stronger attachment to peers, and acquire a taste for more adult behavior. They are sexually capable and active. They experiment with other behaviors that scare us adults but that we likely indulged in ourselves in our own youth. What seems to bother most people about adolescence is its testing process, which many people refer to as defiant or rebellious. I don t think that is completely accurate, at least in early adolescence. It is not that teens begin by merely flouting the rules, but it s more about them needing to see if the reality they have been taught as children really stands up to testing. They need to prove for themselves the ways of the world. If guided, as in a rite of passage model, then the testing is met with healthy resistance and accommodation, helping teens come to adult conclusions about the world and their role in it. For example, teens start shifting into adulthood when they learn the difference between the idealistic teen hope of the way the world should be versus...



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