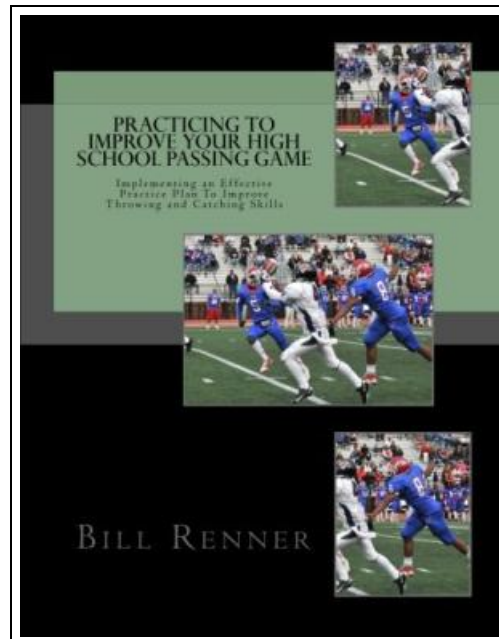


Practicing to Improve Your High School Passing Game: Implementing an Effective Practice Plan to Improve Throwing and Catching Skills



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(Jace Gusikowski IV)

PRACTICING TO IMPROVE YOUR HIGH SCHOOL PASSING GAME: IMPLEMENTING AN EFFECTIVE PRACTICE PLAN TO IMPROVE THROWING AND CATCHING SKILLS



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Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Coach Bill Renner provides great details and specific insights into his passing game practice schedule that made his players better and his programs winners. Coach Renner will teach you his quarterback individual drill routine, his receiver individual drill routine, his short and long throwing circuit that teaches mental toughness, how to hold quarterbacks accountable for accurate passes and how to hold receivers accountable for not dropping passes. With over 30 diagrams, 20 photos and 5 practice plan scripts you will have a thorough understanding of how to coach the quarterback and receiver and how to coordinate the practice to improve your teams throwing and catching. Over a 10-year period, four of his teams in two different states using this passing game practice system had a win-loss record of 76 wins and 44 losses with 6 state playoff appearances. The quarterbacks in this practice plan system combined to throw for 27,117 yards, completed 59 of their passes, thrown 255 touchdowns with 108 interceptions while averaging 34.18 points per game over 120 games. The real essence of this passing game plan is it gives a lot of strictly high school level talented players the ability to learn a skill and to develop and contribute that skill to their football team. It is the average and above average high school players that deserve a system that they can learn, practice and become proficient with to contribute to the team s winning. Coach Renner s passing game practice plan has proven to accomplish that objective.

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