

Laughing Your Way to Loving Yourself: In 12 Steps, 7 Habits, 4 Agreements, 1 Cup of Veggie Soup for the Soul (Paperback)



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Reviews

Extensive guide! Its this sort of very good study. It is actually full of knowledge and wisdom I found out this pdf from my i and dad suggested this ebook to understand.

(Melany Bogisich)

LAUGHING YOUR WAY TO LOVING YOURSELF: IN 12 STEPS, 7 HABITS, 4 AGREEMENTS, 1 CUP OF VEGGIE SOUP FOR THE SOUL (PAPERBACK)

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Balboa Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Ann and Roz have been laughing at themselves and each other, for quite some time--lovingly, of course. In this book, you will discover there is no problem too big to be laughed at and no situation too great to be mocked. This book is meant to have us laughing at all the paths we've taken in our insatiable search for perfection. Visit them online at // Enlighten up with this delightful scripture that bridges the gap between heaven and mirth, teaching us that spiritual practice essentials include a hefty dose of humor, especially about ourselves. --Michael Bernard Beckwith, author of Life Visioning A light-hearted spiritual journey that will awaken your sense of self, while arousing your sense of humor! --Andrea Meyerson, Director/Producer/Documentarian for Film and Television This little book packs a powerful wallop! The wit and humor will have you laughing as you begin to see things from a new perspective. You'll stop taking yourself so seriously, and change your mind-set from stress to success! --Barbara Niven, actress, CEO of Unleash Your Star Power If you read the book from cover to cover, you'll be left with ZERO concerns, as Ann and Roz make even the hardest day of our worldly concerns a little lighter with laughter! --Jacquie Jordan, CEO of TVGuestpert.



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