



Healing Therapies Bible: Discover Over 50 Therapies for Healing Mind, Body, and Soul

By Claire Gillman

Sterling Ethos. Paperback. Condition: New. 400 pages. From high-vibration crystals to Mindfulness meditation to Regression therapy, this gorgeously illustrated entry in the Godsfield Bible series profiles 50 remedies for mind, body, and soul. These techniques are both classic (like massage, reiki, reflexology, and aromatherapy) and new, and have evolved from a wealth of traditions. Some including Brandon Bays The Journey and Vianna Stibals Theta Healing were pioneered by particular healers. You'll learn the principles of each method and their healing outcomes, and see them in action wherever possible. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- Romaine Rippin

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lyda Davis II

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Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide it is too late; we have missed...