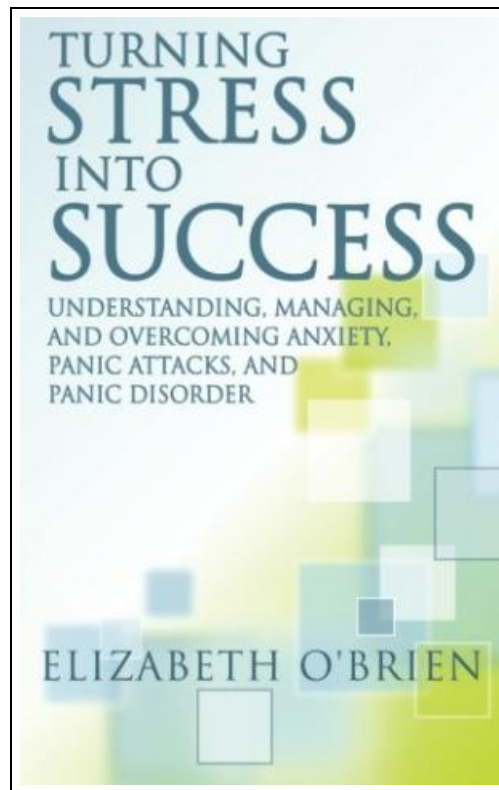


## Turning Stress Into Success: Understanding, Managing, and Overcoming Anxiety, Panic Attacks, and Panic Disorder



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