



Rise Above: 7 Strategies to Crush Adversity

By Nate Miyaki

Archangel Ink, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you ready to tackle the challenges in your life? Have you hit procrastination station? Are you black and blue from trying to (unsuccessfully) roll with the punches that life throws at you? Are you ready to adopt a new way of dealing with the issues in your life that seem insurmountable? Then you ve hit on the right book. Rise Above: 7 Strategies to Crush Adversity, takes you step-by-step on an actionable path that can help you tackle any obstacle that comes your way. Forget everyone else and focus on you But that sounds selfish, you say. That s not how I was raised. Well, yes. That s not how you were raised to play in the sandbox or taught how to share your toys, but when it comes to your goals and the obstacles you face in achieving them, you must focus on you and stop comparing yourself with others or trying to keep up with the Joneses. And author Nate Miyaki can help you do just that in this book, by reminding you what...

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