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REIKI: AN ANCIENT HEALING ART REVISITED (PAPERBACK)



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iUniverse, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you want to learn more about the marvelous, magical tools our ancestors used to help maintain and heal their bodies? Reiki (pronounced ray-key) is one such tool. The practice dates back to before the time of Christ and unleashes spiritual wisdom and life force energy. It may have begun in Tibet, India, or Egypt, but it has spread throughout the world, and for good reason. Reiki harnesses life-force energy to promote deep relaxation on mental, physical, and emotional levels; assist the body in its own innate healing process; and encourage the release of disease on all levels. Reiki: An Ancient Healing Art Revisited offers information on the history and precepts of Reiki. You can use this background to learn to use spirit-guided life-force energy for healing and maintenance; become a Reiki therapist and share healing energy with friends, family, clients, and pets; and use Reiki to achieve your desires and goals. Put Reiki and its techniques to use as soon as possible. With a longtime practitioner as your guide, you can change your life with Reiki: An Ancient Healing Art Revisited.

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