



How to Unlock Your Subconscious Mind: Through the Science of Mental Analysis

By Elsie Lincoln Benedict

Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In How to Unlock Your Subconscious Mind, Elsie Lincoln Benedict and Ralph Paine Benedict detail throughout the book, via introductory material and seven lessons, how to fully channel and utilize the underutilized power of our subconscious mind. The authors quote Elbert Hubbard in the book, who stated a great truth when he said, We get what we prepare for. From the introduction to the book, the authors go on to say: People bring their own unhappiness. That they do so innocently, blindly, unknowingly does not help matters. Ignorance of the law excuses no man. The laws which rule us and our lives are divine, unalterable. He who obeys them, whether he do so consciously or unconsciously, reaps the rewards that other people call good luck. He who consciously or unconsciously violates them pays the penalties he calls his bad luck. The supremest effort of life, therefore, should be to learn what the laws are which rule human happiness and how they operate, that we may consciously and constantly plant the seeds for the harvests we want. This course...



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