



The Inevitable Change: Natural and Beautiful (Paperback)

By Dianne RHA ND Kapral

Lulu.com, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This reference book to menopause describes the use of herbs, essential oils, flower essences, positive affirmations and meditation. Menopause is a natural part of our lives that can be honored and relished, especially, if you have a good sense of humor.



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