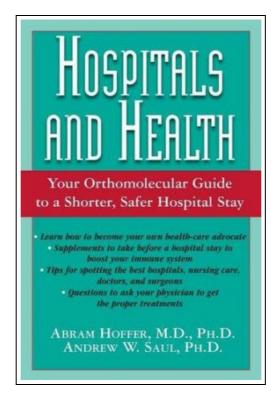
Hospitals and Health: Your Orthomolecular Guide to a Shorter, Safer Hospital Stay



Filesize: 1.2 MB

Reviews

This publication is wonderful. It can be rally fascinating throgh reading period of time. You are going to like the way the writer create this publication.

(Mrs. Piper Jacobi)

HOSPITALS AND HEALTH: YOUR ORTHOMOLECULAR GUIDE TO A SHORTER, SAFER HOSPITAL STAY



Basic Health Pubns. Paperback. Condition: New. 249 pages. Dimensions: 9.0in. x 6.0in. x 0.6in.Most people, over the course of their lives, are likely to spend time in a hospital. What many may not realize is that the risks of a hospital stay can outweigh the benefits. Sometimes hospitalization is essential-for trauma, life-threatening emergencies, or complex surgical procedures. But despite the benefits of modern medicine, hospitals harm thousands of patients each year, and many more suffer serious or fatal drug side effects. Learn how to protect yourself! Hospitals and Health looks at how hospital care got on the wrong track, from historical and economic perspectives. It then offers suggestions for minimizing the risks of a hospital stay and ways to improve your own experience. Good nutrition is the key-to boost your immune system, speed recovery from illness, and reduce your need for pharmaceuticals. And youll learn how to become your own health-care advocate. The book provides tips for choosing the best hospitals, nursing care, doctors, and surgeons. Youll be armed with the knowledge you need to demand the best treatment possible. By asserting control of health decisions, you can steer clear of unnecessary risks and, if hospital treatment is unavoidable, increase the chances of success. Take charge of your health care with Hospitals and Health. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



Read Hospitals and Health: Your Orthomolecular Guide to a Shorter, Safer Hospital Stay Online



Download PDF Hospitals and Health: Your Orthomolecular Guide to a Shorter, Safer Hospital Stay

Other Books



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. This book is about my cousin, Billy a guy who taught me a lot over the years and who...

Download Book

>>



The Secret Life of Trees DK READERS

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. This Level 2 book is perfect for children who are beginning to read alone. Why do trees lose their leaves in...

Download Book

>>



Too Old for Motor Racing: A Short Story in Case I Didnt Live Long Enough to Finish Writing a Longer One

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide...

Download Book

>>



$Summer\ Fit\ Preschool\ to\ Kindergarten\ Math,\ Reading,\ Writing,\ Language\ Arts\ Fitness,\ Nutrition\ and\ Values$

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in.Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead....

Download Book

..



Gypsy Breynton

Echo Library. Paperback. Book Condition: New. Paperback. 88 pages. Dimensions: 9.0in. x 6.0in. x 0.2in.Hon. Gypsy Breynton, Esq., M. A., D. D., LL. D., c., c. Gypsy Breyliton, R, R....

Download Book

»