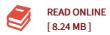




Brainhack: Tips and Tricks to Unleash Your Brain s Full Potential

By Neil Pavitt

Audible Studios on Brilliance, 2017. CD-Audio. Condition: New. Unabridged. Language: English. Brand New. Ever had those moments where you ve been pondering a problem for ages, trying to make a decision or come up with a new idea, and then the second you get up to make a cup of tea, call a friend to talk it through, or simply decide sleep on it, you suddenly find the answers you re looking for, the solutions are obvious, and the new ideas just won t stop coming? From Edison s light bulb to Hemmingway s novels and even the camouflage used by the Navy in WW1, for many years the world's greatest innovators, creators, and strategists have been harnessing the power of the subconscious mind to solve problems, generate new ideas, and make life-changing decisions; and recent advances in neuroscience have further revealed the amazing plasticity of the brain and its huge power as a processing tool. Using this knowledge of how the mind works, Brainhack reveals the ways you can use this brain power to change-up your thinking and is packed with a series of brainhacking tips and tricks that will help you achieve success in your...



Reviews

Unquestionably, this is actually the greatest function by any author. I was able to comprehended every little thing using this created e ebook. Its been printed in an remarkably straightforward way which is merely following i finished reading this ebook in which in fact altered me, alter the way i think.

-- Arianna Witting

An exceptional book as well as the font used was exciting to read. It is actually rally intriguing throgh reading time. You will not sense monotony at anytime of the time (that's what catalogues are for about when you ask me).

-- Crystel Hagenes