



## Hell and Back

By Optimum Vizhan

Trafford. Paperback. Condition: New. 196 pages. Dimensions: 8.5in. x 5.5in. x 0.5in. This is my Hell and Back story. I was in two wars; one with Korea and one with my wife. My story starts during the Great Depression of the Twentieth Century; on my fathers self-sustaining farm. Before the age of five, my familys pet sheep, rammed my forehead into the tractors steel wheel; leaving a visible V scar, on my head for the rest of my life. This V was proof; that God would give me victory, over hell throughout my life. Be it near death experiences; on the farm, in war, driving vehicles, building homes, marriage, heart attack, multiple bypasses and the lost of my free movie sweet heart. I learned how to be at peace with myself and God. This peace allowed me to face my hells head on; witness God walking me through them, establish me again and take me through the next season of my life. My Story finishes, with it being a navigational inspiration tool; that guides us and the generations to come, through our hell and backs. Included are my Hell and Back Survival Tips™ that guided me through my two wars. Plus...

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