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The Skinny Nutribullet Super Green Smoothies Recipe Book: Delicious Nutritious Green Smoothies for Healthy Living Detox.

By Cooknation

Bell Mackenzie Publishing, United States, 2016. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.The Skinny NUTRIBULLET Super Green Smoothie Recipe Book Delicious Nutritious Green Smoothies For Healthy Living. Detox Feel Great Fast! Leafy green vegetables are some of the most healthy foods on the planet and turning them into smoothies makes them even more digestible and therefore healthier than just eating plain greens. Green smoothies don't have to be just a blend of hardcore super-greens. In fact with the right mix of ingredients they can be just as tasty as regular smoothies! The power of the Nutribullet makes the best smoothies but of course the healing power comes from the fresh and wholesome ingredients used in all our recipes. Just one nutrient packed Nutriblast a day is an incredibly fast and efficient way of giving our bodies the goodness they need. Smoothies using your NUTRIBULLET can make a difference to the way you feel and only take seconds to make! You may also enjoy other Skinny NUTRIBULLET books from Cooknation including: The Skinny NUTRIBULLET Recipe Book The Skinny NUTRIBULLET 7 Day Cleanse The Skinny NUTRIBULLET 5:2 Diet Recipe Book The Skinny...



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