



Stoicism: The Stoicism Philosophy, a Beginner s Guide to the Stoic Way of Life (Paperback)

By Thomas Russel

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Learn To How To Become Smarter, More Peaceful And Successful By Practicing Several Methods And Embracing The Stoic Way! You wish to excel at your work, to be more concentrated in life, better friend and spouse you want to be able to fulfill yourself and maximize your abilities! However, you don t often feel concentrated and aware as you wish you would feel, too many times you feel that your mind and thoughts wander away, and too many times you feel that you don t take the right and rational decisions, you tend to ask yourself: do I make the right decisions? Am I able to separate emotions from facts when making decisions? The Stoicism is an ancient philosophy that has been used by the most powerful people in the society to great success. It offers practical steps to achieve equilibrium. Join us as we answer these questions and more, this book equips us with the practical steps we need to deploy the Stoic principles in the modern world to transform our lives by changing our minds. This book is about learning a...



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