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COELIAC DISEASE: THE ESSENTIAL GUIDE



Need2Know. Paperback. Book Condition: new. BRAND NEW, Coeliac Disease: The Essential Guide, Kate Coxon, When youre diagnosed with coeliac disease, the questions can seem overwhelming. What can I eat? What cant I eat? Why do I have to avoid gluten? How do I tell people about my condition? What about cooking, shopping and eating out? Its thought that around 1 in 100 people have coeliac disease, although many remain undiagnosed. Thankfully, the treatment for coeliac disease is straightforward: people diagnosed...

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- Authored by Kate Coxon
- Released at -



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