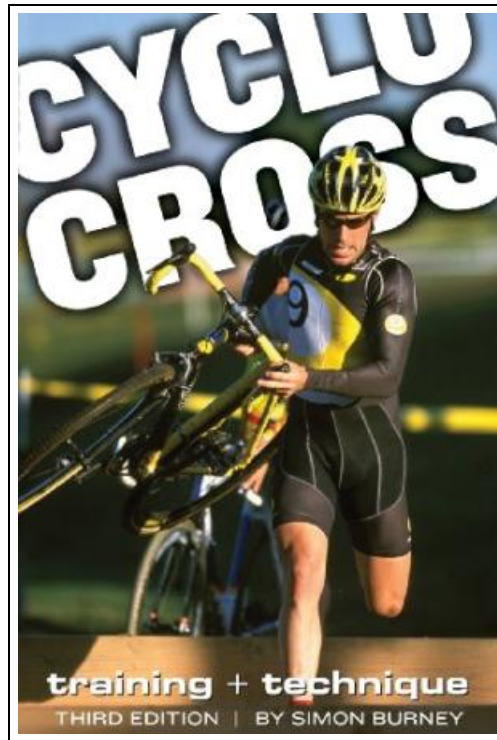


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(Prof. Kacey O'Hara)

CYCLOCROSS: TRAINING AND TECHNIQUE



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