



## The Polyamory Handbook: A Users Guide

By Peter J. Benson

Authorhouse. Paperback. Book Condition: New. Paperback. 392 pages. Dimensions: 8.3in. x 6.0in. x 1.2in. You've probably heard of polyamory-expanded loving relationships, done openly and honestly. Maybe you've had caring feelings for someone else even though you love your spouse or partner as deeply as always. Maybe you're single; you want a committed relationship with someone; but you don't want to give up the freedom to date others with integrity. Maybe you and your spouse or partner already live a polyamorous lifestyle-but sometimes you aren't sure how to proceed. Maybe the two of you would like to bring a third partner, or more, into your hearts and home as a triad, quad, etc., but you aren't sure how to go about it. Maybe you are already a family of three, four, or more, but the complex interpersonal dynamics threaten to overwhelm you. In these pages you'll find guidance about- what polyamory is and is not; communication, conflict resolution, and emotional growth; ethical considerations; sexual hygiene; children; wills, discrimination, and legal hassles; and much more. Whether you are well experienced with polyamory, or new at it, or curious about it, you'll find answers here, all conveniently arranged in numbered sections for easy...



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