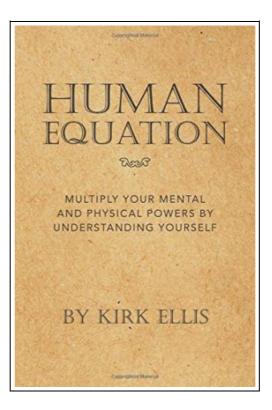
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Reviews

It is really an remarkable book which i have ever go through. It can be writter in simple terms and not difficult to understand. I am just effortlessly can get a enjoyment of reading a composed pdf. **(Dr. Lily Wunsch II)**

HUMAN EQUATION (PAPERBACK)



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AUTHORHOUSE, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.THE HUMAN EQUATION Values x Belief System = Quality of Life A WAY TO UNDERSTANDING YOURSELF AND LIFE THE SECRET OF UNIFYING THE MIND AND BODY THE NATURALS WAY TO DEVELOP YOUR MENTAL AND PHYSICAL POTENTIAL This book is a classical study of the human mind and how it works in its relationship with values and belief systems. Exercises are provided so that values can be tested and physical powers developed. The human equation teaches you how to effectively handle stress, anxiety, tension, and problems. The author of the Human Equation is Sensei Kirk Ellis. He began his philosophical training in 1960 with the martial arts. He holds a third-degree black belt in judo and a fifth-degree belt in karate. Since 1972, he has used the philosophical concepts of the martial arts to teach self-improvement programs, management trainings, and special metaphysical seminars. As a teacher, psychology major, and martial artist, he combined the Eastern and Western philosophies and created philosophical pop--a new style of music. Currently, he directs the black belt training program for Kenju Studios, which he founded. He gives self-improvement seminars and lectures. For seminars, lectures, or correspondence, write to Kenju Productions, PO Box 254, Madera, California 93639.

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