



The New Black: Mourning, Melancholia and Depression

By Darian Leader

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, The New Black: Mourning, Melancholia and Depression, Darian Leader, "The New Black" is Darian Leader's compassionate and illuminating exploration of melancholy. What happens when we lose someone we love? A death, a separation or the break-up of a relationship are some of the hardest times we have to live through. We may fall into a nightmare of depression, lose the will to live and see no hope for the future. What matters at this crucial point is whether or not we are able to mourn. In this important and groundbreaking book, acclaimed psychoanalyst and writer Darian Leader urges us to look beyond the catch-all concept of depression to explore the deeper, unconscious ways in which we respond to the experience of loss. In so doing, we can loosen the grip it may have upon our lives. "His orthodox, psychoanalytical approach, produces an unpredictable, occasionally brilliant book. The "New Black" is a mixture of Freudian text, clinical assessments and Leader's own brand of gentle wisdom". ("Herald"). "Compelling and important .an engrossing and wise book". (Hanif Kureishi). "There are many self-help books on the market. "The New Black" is a book that might...

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