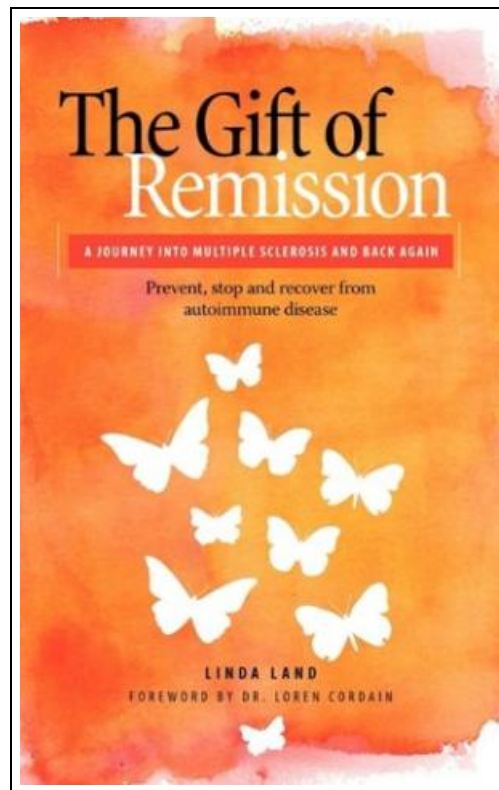


## The Gift of Remission: A Journey Into Multiple Sclerosis and Back Again - Prevent, Stop and Recover from Autoimmune Disease (Paperback)



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### **Reviews**

*Very helpful for all category of men and women. It is rally fascinating throgh studying period. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Prof. Asia King)*

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Outskirts Press, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. One-fifth of the population, 50 million Americans, suffer from autoimmune disease. Prevalence is rising at an alarming rate, having doubled within the past four years. Are you or your children at risk? Is there anything you can do to protect yourself and your family? If you've already been diagnosed, does scientific research validate recovery based on dietary changes? Linda Land sought answers to these questions because of growing concern for the health of her own children. In 1980, Linda's husband, Dr. Rich Land, was diagnosed with multiple sclerosis. A gift of information helped Rich recover, and he remains in remission nearly 30 years later. Because of genetic susceptibility, Linda wanted to know if anything could protect their children from autoimmune disease. After completing an extensive quest for knowledge, she felt the enormous responsibility to share her discoveries. Through *The Gift of Remission*, Linda reveals her family's personal battle with autoimmune disease and the synchronistic guidance that took them from survival mode to thriving again. She also connects her husband's victorious recovery to cutting-edge research that explains why he recovered. Prevention and recovery are possible. This small gift shows you how. I was immediately drawn to the message of hope and optimism Linda had so carefully crafted in this uplifting and wonderful story of trial, tribulation, and eventual triumph over this crippling and fatal disease. Linda and others like her have found a dietary solution to the disease, and an emerging body of scientific evidence suggests that they were right all along. From the Foreword by Dr. Loren Cordain, Colorado State University, renowned author and researcher.



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