



Air Fryer Cookbook: Learn Quick and Easy Recipes: Bake, Roast, Grill, Fryer (Paperback)

By April Stewart

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you want to spend less time cooking? Do you want to save money on your meals? And eat healthy, clean food? The air fryer is the new rage! It is a versatile kitchen appliance that can be used to fry, bake and roast foods while using minimal or no oil. People have become too busy to prepare healthy meals for themselves or their families. For such people, this kitchen appliance is a boon as you will be able to cook healthy meals with minimal effort. An air fryer uses Rapid Air Technology and Maillard Reaction to prepare food without any oil or grease. When it comes to using an air fryer, you will be able to make delicious and different kinds of food on account of its versatility. You will be able to save time and be able to complete your chores without having to stand over the stove to ensure that the food is being cooked properly or doesn't burn. The air fryer helps to keep the food succulent and soft from the inside while giving it a crispy...



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Otis Wisoky

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- Dr. Everett Dicki DDS