

## The Voice in My Head is Perfect



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## THE VOICE IN MY HEAD IS PERFECT

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Ashgrove Publishing Ltd. Paperback. Book Condition: new. BRAND NEW, The Voice in My Head is Perfect, Lindy Jones, Lindy Jones loves a drink. A drink and a chat and teaching. So when people start noticing that Lindy is slurring her words, they wonder if she's been dipping into the Pinot Grigio a little bit earlier than usual. The GP thinks she may have had a minor stroke - or a trapped nerve. Nothing to fret about. Just one of those things. But when the consultant at the hospital diagnoses Motor Neurone Disease - suddenly things are very different. 'The Voice in my Head is Perfect' is the powerful memoir of Lindy Jones, a fifty-something English teacher from London whose disease steadily steals the most important parts of her life; her job as a teacher, her future with her husband and children and, for someone who loved to talk, her voice. This is not a misery memoir nor a sob-fest. In turns it is emotional and horrifying; funny and wise. Lindy explores her childhood with an emotional mother and psychiatrist father, her career as a teacher in tough London schools and her adoption of Scrappy, a mutt from Battersea with his own issues who becomes her saviour of sorts. 'The Voice in my Head is Perfect' is an important and moving account, told with fierce honesty and dark humour, of a woman's battle to come to terms with an appalling illness.

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