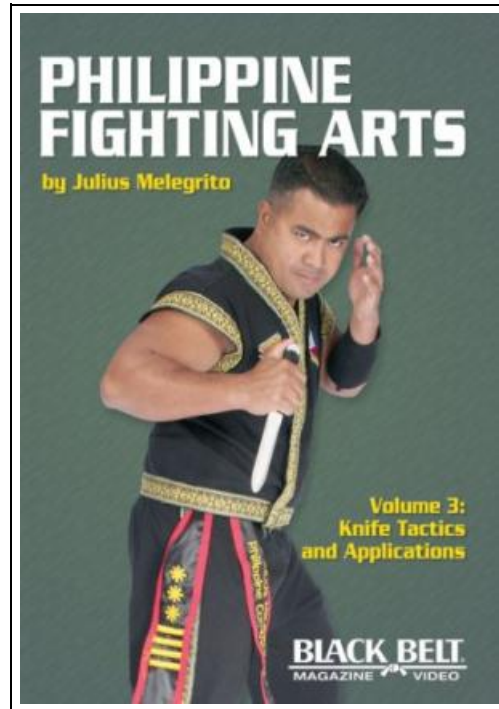


Philippine Fighting Arts, Volume 3: Knife Tactics and Applications



Filesize: 7.79 MB

Reviews

Merely no words and phrases to describe. I really could comprehend almost everything using this created e.pdf. Your daily life period will be change once you full reading this ebook.

(Mr. Ladarius Stoltenberg)

PHILIPPINE FIGHTING ARTS, VOLUME 3: KNIFE TACTICS AND APPLICATIONS



Black Belt Magazine Video, United States, 2008. DVD video. Condition: New. Language: English . Brand New Book. Providing in-depth theory and practical application of the Philippine arts of arnis, kali, and escrima, this series demonstrates an engaging array of self-defense methods. Topics covered include both single and double-stick tactics, knife applications, proper holds, applied footwork, blocking and counterstrikes, and coordination drills. Each volume also features high-energy sequences that clearly correlate Philippine fighting techniques with real-world scenarios such as car-window attacks, ATM assaults, chokes from behind, and many more.



[Read Philippine Fighting Arts, Volume 3: Knife Tactics and Applications Online](#)



[Download PDF Philippine Fighting Arts, Volume 3: Knife Tactics and Applications](#)

You May Also Like



God Loves You. Chester Blue

Henry and George Press. Paperback. Book Condition: New. Ursula Andrejczuk (illustrator). Paperback. 140 pages. Dimensions: 8.0in. x 5.2in. x 0.3in.BEAUTIFUL NEW ILLUSTRATIONS BRING THE STORY TO LIFE!A charming book about a mysterious bear that shows...

[Save eBook](#)

»



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Save eBook](#)

»



Applied Undergraduate Business English family planning materials: business knowledge REVIEW (English)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: 2012 Pages: 240 Language: English Publisher: Foreign Economic and Trade University...

[Save eBook](#)

»



TJ new concept of the Preschool Quality Education Engineering: new happy learning young children (3-5 years old) daily learning book Intermediate (2)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Save eBook](#)

»



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Save eBook](#)

»