



## Anxiety Disorders: An Introduction

By Caleb W. Lack

Jonathan M S Pearce, United Kingdom, 2013. Paperback. Book Condition: New. 214 x 136 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In this book, clinical psychologist and professor Dr. Caleb Lack introduces readers to the class of mental health problems known as the anxiety disorders. Covering what we know about each of the specific disorders across eight areas (DSM-IV criteria, changes expected in DSM-5, associated features, presentation differences across the lifespan, gender and cultural differences, epidemiology, etiology, and empirically supported treatments), this text is structured to in an easily digestible, but still highly informative fashion. In Anxiety Disorders: An Introduction Dr. Caleb Lack artfully depicts the nature, clinical features, and empirical treatment literature associated with anxiety disorders. This volume is a must-have for any clinician or researcher given the high quality of writing, concise but thorough nature in which information is conveyed, and clinical utility. - Eric Storch, Ph.D., All Children s Hospital Guild Endowed Chair Professor, University of South Florida . a succinct overview of anxiety disorders. an honest appraisal of the strength and weaknesses of various approaches to identification. This book is an excellent introduction or reference for students and practitioners. - B. Scott...



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