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Contemplating Divorce A Step-by-Step Guide to Deciding Whether to Stay or Go

By Susan Gadoua

New Harbinger Publications. Paperback. Book Condition: New. Paperback. 216 pages. Dimensions: 9.1in. x 6.1in. x 1.3in. Just as there are right and wrong reasons to marry, there are good and bad reasons to divorce. Some couples are quick to split because they are unwilling to devote the necessary effort to fixing their relationships or to understanding their partners, while others miss out on personal fulfillment by staying too long in unhealthy marriages. This insightful and practical guide, written by a therapist with nearly a decade of experience counseling those considering divorce, will help you evaluate your marriage to determine whether you should stay or go. Without bias toward or against the option of divorce, *Contemplating Divorce* includes helpful tools to guide you to the right decision. Use the tests and relationship evaluations to assess your level of fulfillment in your marriage. Learn about the five types of needs happy marriages satisfy. Find out how to fix problem areas in your relationship. Plan for the future, whether you decide to stay or move on. This is a much-needed book. The anxiety in making a life-changing decision is sometimes overwhelming. It is of immense help to have a coach like Susan Pease Gadoua! - John Bradshaw, best-selling author...



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