



Return to Glow: A Pilgrimage of Transformation in Italy (Paperback)

By Chandi Wyant

Chandi Wyant, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In her early forties, Chandi Wyant's world implodes in the wake of a divorce and traumatic illness. Downtrodden yet determined to revive the passionate spirit that compelled her, when younger, to embrace life by following her heart, she sets out on Italy's historic pilgrimage route, the Via Francigena, to walk for forty days to Rome. Weakened by her recent illness, she walks over the Apennines, through the valleys of Tuscany, and beside busy highways on her 425-kilometer trek equipped with a nineteen-pound pack, two journals, and three pens. Return to Glow chronicles this journey that is both profoundly spiritual and ruggedly adventuresome. As Chandi traverses this ancient pilgrim's route, she rediscovers awe in the splendor of the Italian countryside and finds sustenance and comfort from surprising sources. Drawing on her profession as a college history instructor, she gracefully weaves in relevant anecdotes, melding past and present in this odyssey toward her soul. This delightful, transporting tale awakens the senses while inviting readers to discover their own inner glow by letting go of fixed expectations, choosing courage over comfort, and following...

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